



FRIDAY

4pm	Registration – Nexus Building
5:30pm	“Why We Are Here” mtg – O’Dome
6:30-7:30pm	DINNER – Chow Hall
7:45-8:30pm	“Barefoot” mtg – O’Dome <i>(Introduce Committee at beginning)</i>
8:30pm	SNACK TIME – Chow Hall
8:45-9:45pm	Young Sobriety Speaker mtg – O’Dome
10pm	“Ask It Basket” mtg – O’Dome
10pm	Meditation mtg – O’Dome <i>upstairs</i>

SATURDAY

7-9am	Individual Meditation – Outdoor Chapel
8am	BREAKFAST – Chow Hall
9am	Al-Anon mtg – O’Dome <i>upstairs</i>
9am	Smokers mtg – smoking area
9am	Big Book Study mtg – O’Dome
10am	BREAK
10:30am	Step Meetings – O’Dome
12pm	LUNCH – Chow Hall
1:30pm	ACOA mtg – O’Dome <i>upstairs</i>

SATURDAY, continued

3pm	Mens mtg – O’Dome
3pm	Women’s mtg – O’Dome <i>upstairs</i>
4:15pm	Traditions mtg – O’Dome
4:15pm	Committee mtg – Chow Hall
5:30pm	DINNER – Chow Hall
6:30pm	Group Conscience – O’Dome
7:15pm	Speaker mtg – O’Dome
8:30pm	SNACK TIME – Chow Hall
8:45pm	Birthday Mtg – O’Dome
10:15pm	Relationship mtg – O’Dome
10:15pm	Bonfire mtg – Lake

SUNDAY

7-9am	Individual Meditation – Outdoor Chapel
8am	BREAKFAST – Chow Hall
8:30am	Meditation mtg – O’Dome upstairs <i>(Doors lock at 8:30 to allow undisturbed meditation)</i>
9:30am	Speaker mtg – O’Dome
10:30am	“God as You Understand Him” mtg – O’Dome
12pm	Cleanup/Departure

Please note:

- **Smoking is not permitted by the camp anywhere except at the Designated Smoking Area** next to the parking lot.
- Vaping is not permitted in the buildings.
- Please do not park along the road outside the cabins except to unload and load your belongings.
- When loading/unloading, please do not drive onto the grass; drive and park on the road only.
- All registrants are required to make sure the cabins and bathrooms be fully cleaned, swept and garbage emptied before we depart. This is a part of our guarantee to use these facilities for the next retreat.
- Two voluntary collections will be circulated during meetings – one for tipping the cooks who treat us so well, and the other for the Scholarship Fund for the next Spirit retreat. Both are greatly appreciated!
- All personal belongings left in cabins will be removed. If turned in to the Spirit Committee, items will be brought to the next Spirit.
- Want to be of service for the next Spirit retreat? See the chairpersons or committee members for details!